

Frequently Asked Questions

Which colleges have member clubs?

Currently, the largest programs in the state are from Baylor, Texas A&M, Texas State, Texas Tech, UT Austin and UT Dallas. Beginning with the 2014 to 2015 season, teams from the University of Oklahoma (OK) and Tulane University (LA) have been inducted into the organization. The newest teams are from UT San Antonio (2016), UT El Paso (2017) and UT Arlington (2018).

However, membership is always open to those students at smaller schools without large teams (or even teams of one). In the past few years, gymnasts from Austin Community College, McMurray University, Eastfield College of Dallas, and Tarrant County Community College have competed with the TGC, to name a few.

How do I start a club at my college?

If you are looking to start a gymnastics club at your college, you will first have to follow your university's procedures for creating a new student organization. Contact the recreation or the sport clubs department, or the head of the department of student activities or organizations. Also, send us an email so that once you have formed a club, you can start attending TGC competitions and join the conference.

How can I raise money for my club?

Clubs are funded in a variety of different ways. Some clubs receive an allocation from their sport clubs department, some are supported by donations from club alumni, and some rely mostly on their own fund-raising efforts. Many TGC clubs hold "flips for tips" fund-raisers before home football games or at stoplights at busy intersections to receive donations. Additionally, letter drives and hosting parent's night out events have proven to be successful fund-raisers for member clubs.

What level do TGC members compete?

Women compete under modified level 9 rules during the regular season, with the option of level 8 at TGC Championships; men compete under modified FIG rules. The men's rules are identical to NCAA rules, with the added exception that they can raise the height of parallel bars if the individual is too tall.

How many competitions are there in a typical season?

In a typical season there will be at least five competitions, usually more, plus the TGC Conference Championships, which is normally held the last weekend in March. In addition, most clubs send teams to the NAIGC National Championships in April.

Is club gymnastics the only way to participate in college outside of an NCAA team?

For the most part, yes. School with on campus gymnastics facilities such as Texas A&M, Texas State or Austin Community College can offer physical education classes for the recreational gymnast. Texas Women's University is home to the state's sole NCAA program, a Division II women's team. Many, but not all, of the other schools offer a non-competitive membership option.

I am a high school student / parent of a student interested in competing gymnastics in college.

Awesome! Contact the school or schools that you are interested in and they can offer some information on how they practice and run their organization. If you want to go to a college without a program, then you can always compete as an individual from that school, or better yet, let us know and we can help you start one at <http://tgcgymnastics.com/recruit>

How much does it cost?

The TGC regulates the entry fees for its meets. This helps keep costs down for all clubs involved and provides financial stability for the clubs by keeping expectations the same. The entry fees are \$10/gymnast and \$20/team per meet. Most clubs pay this out of their finances. Each member club has its own requirements for membership dues and some have mandatory attendance at fundraising events to help keep out of pocket costs down.

Does the TGC offer scholarships?

Currently, the Michael Sims scholarship is available for men, and Texas A&M offers a scholarship for their gymnasts through an alumni-funded endowment. Beginning in 2015 the Texas High School Gymnastics Coaches Association has begun to offer scholarships to high school gymnasts continuing their training in college, and the NAIGC currently offers scholarships to incoming college freshmen. For more information and application links, visit tgcgymnastics.com/scholarships

I am an alumni, adult or non-college student looking for a place to compete.

The TGC welcomes non-students the opportunity to compete in our competitions against people in closer to their own demographic.

Where can I find the meet schedule?

The competition schedule can be found online at the TGC website (tgcgymnastics.com). Each year at the GAT conference, the member schools have their annual organizational meeting, which includes the creation of the competition schedule for the year. The GAT conference is open for anyone to attend and occurs Labor Day weekend. The meet schedule is published the week after Labor Day.

Where can I find more information on a specific school?

The list of schools in the TGC is available at the TGC website. Their information pages have a link to the team's website and any of their social media pages.

Where can I find more information on the TGC?

Please visit our website or facebook page shown in the footer. If you have any questions not covered here feel free to browse our website or social media pages and post a comment, or contact us directly at the form provided on the contact us page of our website. We look forward to hearing from you!