Texas Christian University

The flippin frogs

The modern day TCU Gymnastics Club was established in the Spring of 2008 by TCU students Travis Doig and Meghan Lambert-Chesney. Desipite their ambitions, interest in competing amongst the the club's members did not reach a critical point until 2015. In its first competitive year, over 7 student athletes participated TGC competitions with several more non-competing members.

The club competes in the TGC (Texas Gymnastic Conference) and NAIGC (National Association of Intercollegiate Gymnastics Clubs) conferences. Throughout the year the club competes against its fellow texas schools: Texas A&M, University of Texas, Texas State University, Texas Tech University, University of Texas at Dallas and many more.

The Horned Frogs practice off campus on Mondays and Wednesdays from 8:00pm to 10:00pm. Membership is open to all TCU undergraduate and graduate students and all members are required to pay the membership dues and maintain a 2.5 or greater GPA to be eligible. Team members enjoy the benefit of having experienced coaches guide them through workout and getting the most out of their routines in preparation for competition.



Practices occur Monday and Wednesday at Lone Star, a local gym located 15 minutes away from campus.

