College Gymnastics in Texas



Established in 1979, the Texas Gymnastics Conference has been the driving force behind collegiate gymnastics in Texas for over three decades. The TGC provides opportunities for students to continue to participate in the sport of gymnastics on a competitive level while they pursue higher education.

Each year the member clubs in the TGC send a representative to meet at the GAT convention in Austin, Texas on labor day weekend. This annual meeting sets the competition schedule for the year, covers any rule changes, and sets the organizational direction for the year. If you know a gymnast interested in competing in college, then let them know about us via the email below, drop by our annual meeting or visit http://tgcgymnastics.com/recruit

Recently, gymnasts from the following schools have competed:

Abilene Christian University	Texas Christian University	Texas State University
Austin Community College	The University of Texas at Austin	Texas Tech University
Baylor University	The University of Texas at Arlington	Tulane University
Cisco College	The University of Texas at Dallas	The University of Oklahoma
Collin Community College	The University of Texas at El Paso	The University of Houston
Hardin Simmons University	The University of Texas at San Antonio	The University of North Texas
Texas A&M University	The University of Texas Southwestern	TGC Alumni

The most recent addition to this list is The University of Texas at Arlington who made their debut at the Texas A&M Invitational in 2018. Most of the TGC members also attend the NAIGC annual National Championship competition. Since the NAIGC's establishment in 1989, the TGC has won 24 national team titles, with UT Austin and Texas A&M tied for the most number of men's championships, and Texas A&M with one more on the Women's side for the most women's titles. In 2018, the NAIGC National Championships will be held at the Fort Worth Convention Center.

For almost four decades the TGC has led the way as the preeminent state-wide organization. In the past couple years, other regions such as New York and the western coast have begun to follow in Texas' image, looking to the TGC as a role model in establishing their own state collegiate organizations.

Gymnasts who participate in TGC events form relationships and networking skills that last a lifetime. Our students have a better college experience, stay in shape, travel, and embrace the opportunity to promote the sport they love while continuing their athletic careers.